

Tattoo Removal Aftercare

0400 477 855

Do not pick, scratch, squeeze or pop anything that develops on the tattoo.

The night of

If you need to clean the area tonight, gently wash with lukewarm water.

Pat the area dry with a clean towel or allow it to air dry.

If we have applied a dressing, follow the specific instructions we have given you regarding when to remove or change it.

The first night: keep the area covered.

Apply a thin layer of the ointment in your kit to the treated area as directed.

If you need some relief, you can use a cool, damp towel for a few minutes at a time.

Do not place ice directly onto the skin.

First 48 hours

The next day: gently wash it, let it breathe and keep it protected from the sun.

Day 3 to 7

1 Gently clean the area with lukewarm water.

2 Apply a thin layer of the ointment in your kit as directed.

Do not exfoliate, scrub, pick, scratch or peel the area.

Avoid swimming, saunas, hot baths and activities that create excessive heat or friction until the treated skin has healed.

Week 2 to 4

If the skin is still healing, keep it simple and keep using the ointment in your kit until it has settled.

Protect the treated area from direct sun while it is healing.

Once healed, use broad-spectrum SPF 50+ and physical sun protection whenever the area is exposed.

What signs mean I should call you or see a doctor? Please contact us immediately if you experience:

- Severe, worsening or persistent pain
- Rapidly increasing swelling
- Severe or rapidly worsening redness or heat
- Large or extensive blistering
- Open, broken or weeping skin
- Increasing pain accompanied by spreading redness, swelling, warmth or discharge
- Pus or other signs of infection
- Unusual white, grey or markedly changed areas of skin
- Any reaction that is significantly different from what we have explained to you
- Anything that makes you feel that something is not right

If you cannot reach me and you are worried, see your GP or go to your nearest emergency department. In an emergency, call 000.