

Laser Hair Removal Aftercare

0400 477 855

Tonight is about calming the skin, not treating it.

The night of

If you need to cleanse the treated area, use a gentle cream cleanser with lukewarm water. Do not scrub or use anything abrasive.

Apply a thin layer of Dermaviduals DMS Body lotion to keep the skin comfortable and support the skin barrier.

If the area feels warm, you can use a cool, damp towel for a few minutes as needed. Do not apply ice directly to the skin.

Tonight, avoid: Hot showers or baths · Saunas, spas and steam rooms · Intense exercise or anything that causes excessive sweating · Scrubs, exfoliators or exfoliating acids · Retinoids or other strong active products · Perfume, fragranced products or deodorant directly over freshly treated skin · Picking, rubbing or scratching the treated area

First 48 hours

Keep to the instructions above.

Day 3 to 7

Keep the treated areas out of the sun and avoid tanning.

Week 2 to 4

Once your skin is completely settled and I have given you the go-ahead, you can begin gentle exfoliation from week two.

Please remember to shave the treatment area before your next appointment.

Your next treatment will generally be around week four, although the timing can vary depending on the body area being treated and your individual hair-growth cycle.

Between treatments

As your hair begins to shed, you may notice some roughness or small hairs sitting within the follicle. Do not pick, pull or tweeze them out.

What is not normal Please contact me if you experience:

- Severe or increasing pain
- Significant swelling that continues to worsen
- Blistering
- Open, weeping or broken skin
- Significant crusting or burns
- Severe redness that is spreading rather than settling
- Increasing heat, tenderness or swelling after the first day
- Any reaction that concerns you or feels very different from what we discussed

If you cannot reach me and you are worried, see your GP or go to your nearest emergency department. In an emergency, call 000.